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Financed by the Justice Programme of the European Union

**TOWARDS A MORE RESPONSIVE VICTIM-CENTERED APPROACH OF THE CRIMINAL JUSTICE SYSTEM (RE-JUST)  
CONFERENCE**

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**TALKING ABOUT TRAUMA - TOWARDS A VICTIM-CENTRED CRIMINAL JUSTICE SYSTEM**

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17 SEPTEMBER 2021

THIS PUBLICATION HAS BEEN PRODUCED WITH THE FINANCIAL SUPPORT OF THE JUSTICE PROGRAMME OF THE EUROPEAN UNION. THE CONTENTS OF THE PUBLICATION ARE THE SOLE RESPONSIBILITY OF COORDINATOR AND PARTNERS AND CAN IN NO WAY BE TAKEN TO REFLECT THE VIEWS OF THE EUROPEAN COMMISSION.

# Trauma - informed encounters

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- All specialists who interact with potentially/traumatized persons, in order to investigate, assist and provide support, produce an impact on them.
- These encounters can ameliorate the person's traumatic experience or accentuate it considerably.

# Trauma – informed approach

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- Avoid putting the traumatized person in a powerless position;
- Emotions are “contagious” (the phenomenon of emotional contagion) - a person's emotions and their manifestations can be transmitted to another person.

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Understanding the psychological trauma and its manifestations, knowing your own limits and taking care of your emotional health makes you a better specialist.

# Thank you!

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**Psychologist Gabriela Ionescu**

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